

Recruiting Handout

Remember...These rules change EVERY single year.

Link to NCAA recruiting calendar:

http://www.ncaa.org/sites/default/files/WVB_13-14.pdf

IMPORTANT PHRASES TO KNOW...

Contact Period:

Coaches are allowed to have in-person contact with you and your legal guardians. Coaches can watch you compete anywhere, and coaches can write and make telephone calls (juniors & seniors only). Coaches cannot write or call any sophomores or freshman unless it is a questionnaire or camp info.

Dead Period:

College coaches cannot make in-person contact with you or your legal guardians. This prevents the coach from making any evaluation of a player whatsoever. No visits of any kind. No phone calls. You can email college coaches but they cannot respond.

Quiet Period:

Coaches cannot watch you compete at any location. You can make visits to campus and the college coach can make in-person contact with you as long as it occurs on the coach's campus. Coaches can make telephone calls but are limited to how many times.

Unofficial Visit:

Anytime you or your legal guardians visit a college campus that is funded by you. You can take as many unofficial visits as you would like. During dead periods you cannot speak to any of the coaches while visiting the campus. Three free tickets to a home game is the only thing a coach can give you during an unofficial visit.

Official Visit:

Any visit to a college that is paid for by that university. You and/or your legal guardians will have your transportation to and from the college paid for. Also paid for by the college will be your room, meals (three per day), and entertainment expenses. Generally you will receive three free passes to that college's home game the weekend you are in town. Only applicable to a Senior in high school.

ADVICE: Recruiting TIPS

- Personalized emails. Don't just cut and paste a mass email. Communicate something personal or relate a connection to the school.
- Call them. Coaches want to speak to the players rather than their parents. (Prepare for the call by writing down questions)
- GO visit as many campuses as possible. It is important to get a feel for these campuses and make sure you are comfortable there. Four years is a long time away from home.
- Go to college camps that could be a good fit for you! After make sure to ask the coaches at the camp where they could see you playing?
- YOU should contact coaches...do not use a recruiting agent or your parents.
- Send a video link (ideally uncut match play with a lot of good contacts from you). Coaches will watch a few minutes so do not make a clip longer than 5-10 minutes. No need to do anything fancy such as graphics, music, or a personal introduction. Include your name, year, position, height and GPA too! No SLOW motion! 😊
- Feel free to put pressure on your top schools.
- Be open and honest with schools by telling them where they stand and how interested you are in them. If you love the school then just GO FOR IT 😊 The answer might not be what you want to hear but it's better than a "what if" later in life. Ask them where you lie on their list.
- Write down all the things you think are important to you as a player and a student. Doing research about the schools can be extremely helpful, (ex: location, coaching style, coaching staff, academics, possible teammates, etc.) and once you fill in that chart your decision may become very obvious! 😊 Make sure to fill out the chart right after a visit when everything is fresh in your mind.
- Use University Athlete!!! Most college coaches use this application and it is FREE for you guys!

CAN & CANNOTS

Freshmen & Sophomores:

- Can receive brochures for camps and questionnaires.
- You can call the coach. Coaches cannot call you. No texting allowed.
- NO off campus contact
- Unlimited emails to coaches but coaches cannot reply back.
- Unlimited amount of unofficial visits!!! ☺

Parents & players CANNOT speak to college coaches at ANY location other than on their campus.

Juniors:

- Receive recruiting materials and information from coaches after September 1st.
- You can call coaches as many times at you want!
- No texting coaches.
- After July 1st of your junior year, you can receive one call per week from a university.
- Off-campus contact allowed after July 1st after your junior year.
- You can email coaches and coaches can respond to you.
- Unlimited amount of unofficial visits!!! ☺

Parents & players CANNOT speak to college coaches at ANY location other than on their campus.

Seniors:

- You can receive material and information from a coach.
- You can call coaches.
- Coaches can call once per week starting July 1st. Telephone calls are unlimited during contact periods.
- Off campus contact is allowed but no more than 3 times.
- Official visits are allowed on opening day of your classes. You only get one official visit per university and a maximum of 5 total visits to D1 schools. (Unlimited to D2, D3, and NAIA schools.)

Parents can speak to college coaches at tournaments but PLAYERS CANNOT until their club coach releases them from their tournament.

Becoming Eligible in Division I or II

(D III sets their own admissions standards)

*For student-athletes who will enroll in Aug 1, 2016 and later, the requirements to compete in the first year will change.

Academic Standards:

-Graduate from high school

-Complete a minimum of 16 core courses

*10 of the 16 core courses must be complete before 7th semester of high school

*7 of the 10 core courses must be in English, Math, or Science

-Earn a minimum 2.3 required grade-point average in core courses

-Earn a qualifying test score on either the ACT or SAT

Amateurism Criteria: College-bound student-athletes are encouraged to register at <http://www.eligibilitycenter.org> at the beginning of their junior year in high school.

*Student-athletes asked to answer several questions regarding his or her sports-participation history. This is to capture a better picture of the prospects amateur status and to identify any potential issues that might conflict with NCAA rules. If the answers indicate a possible violation, the amateur-certification staff will work with the school to determine the facts. If a violation occurred, an eligibility penalty will be imposed based on the severity of the violations. Penalties include repayment of money, sitting out a specified number of games or, in rare cases, permanent ineligibility.

*Most college-bound student-athletes who complete the amateurism certification process are certified. Less than 1 percent of student-athlete receive any amateurism-related penalty.